

# April 30, 2010

## K-Business of the Day

### This Week's Guests

We had only one guest but a very important one today. Sam Rusch, accompanied by Katie and Brett Rusch, more commonly know as Mom and Dad, was introduced to our club and Kiwanis in general. Sam has been offered membership materials and I am sure will be considering membership at some later date. There is some thought of starting A Babies Are us Kiwanis division with Sam as charter President

### This Week's Program Summary

We had a delightful young lady and fellow Kiwanian from the Madison Downtown Club today as our speaker. Shana Martin brought to us today two remarkable stories. One was to tell us about a very serious and debilitating disease called Huntington Disease the other to tell us about her world champion log rolling titles. How do these relate?

This serious disability is somewhat rare in that only 35,000 have it with about 250,000 at risk but the speaker is one that is affected because her mother has had the disease for a number of years and Shana has a 50% chance of having the disease.

Huntington's Disease is a devastating, degenerative brain disorder for which there is, at present, no effective treatment or cure. HD slowly diminishes the affected individual's ability to walk, think, talk and reason. Eventually, the person with HD becomes totally dependent upon others for his or her care. Huntington's Disease profoundly affects the lives of entire families: emotionally, socially and economically.

Early symptoms of Huntington's Disease may affect cognitive ability or mobility and include depression, mood swings, forgetfulness, clumsiness, involuntary twitching and lack of coordination. As the disease progresses, concentration and short-term memory diminish and involuntary movements of the head, trunk and limbs increase. Walking, speaking and swallowing abilities deteriorate. Eventually the person is unable to care for him or herself. Shana is very active with the Huntington Disease Association and an upcoming fund raiser in Madison is a log rolling event on June 20<sup>th</sup> at lake Wingra.

The other story is that Shana has been a multiple world Champion log roller and boom runner! Many of us have seen her on ESPN and ESPN 2 during various lumberjack world championship events. You can see more of the wonderful Shana Martin story on her blog at [ShanaMartin.com](http://ShanaMartin.com) which goes into more detail about her as a fitness trainer, log roller, model, and spokesperson for Huntington Disease

### Dave's Announcements

Our MWK Grant committees have been meeting and will be bring a list of 11 recipients with grants totaling \$12,470 dollars to our next board meeting which will be next Wednesday, May 5<sup>th</sup> at 7:30 at Vitense

A committee sheet has been and will be circulated again so those of you that wish to serve on committees that will help guide our club can do so. Committees include membership recruitment, fund raising, public relations, youth services, community services, spiritual, and meetings committee. If you have questions about these committees or want to make sure you are on a committee please contact Dave W.

Golf outing will be May 28<sup>th</sup> at Lake Wisconsin Country Club. See Bruce Hoehne for details.

Our official Governors visit by our Kiwanis Governor Kathy Vorpahl will be Saturday May 15<sup>th</sup> starting at 8:30 at Mt. Zion Church located at 2019 Fisher St. This will be a working visit as the project for the day will be to paint and repair a room at Mt. Zion. Kathy will make a few remarks with a light lunch to follow. This is a great opportunity to meet Gov. Kathy and do some community service at the same time.

June 2<sup>nd</sup> WHA is looking for members of MWK to help with the televised fun raiser by working on a phone bank.

A special thanks to Harley Skjervem for coordinating and doing a great job on the City Music Banquet!

### Contributing Kiwanians

PRESIDING	DAVE WENDRICKS
OPENING WORD	MARY MENNES
CHECKPOINT	BOB LUENING
KOG REPORTER	KEN SAVILLE
MUSIC	BOOMER & MARY
RAFFLE	JOHN BUSBY?
TO	ONE FUND OR ANOTHER

## Future K-Meetings

DATE	PROGRAM	GREETER	OPENING WORD
May 8	<b>Middle School Awards</b>	<b>John Thomas</b>	<b>Ken Saville</b>
May 14	Emily Auerbach Odyssey Project	<b>TBD</b>	<b>TBD</b>
May 21	Bill DiCarlo Alliant Energy Center Update	<b>TBD</b>	<b>TBD</b>
May 28	John Watts Memorial Golf outing Camp Wawbeek cookout and program		

## Upcoming Activities and Events

DATE	ACTIVITY	TIME	LOCATION
May 5th	<b>Club Board Meeting</b>	7:30AM	Vitense Golfland
May 15 <sup>th</sup>	<b>Division 4 Governor visit</b>	8:30 am	Mt. Zion 2019 Fisher St
May 28	<b>John Watts Golf Outing</b>	TBA	Lake Wisconsin Country Club
August 14	<b>Paint-a-thon</b>	TBA	TBA

## Member Announcements

### Middle School Awards

**John Thomas** announced that our club would be honoring several middle school students at our meeting on Friday, May 7<sup>th</sup>. These students were selected for recognition by school staff because they “exemplify the Kiwanis ideals of citizenship.” Contact **John** if you are interested in hosting one of these outstanding students.

### A Message From Edgewood Circle K



### Taking back the Bell from Circle K

MWK members Ken Saville, Bob Johnson, Marv Heiser and Dave Nelson journeyed to the Edgewood Circle K meeting to bring back our club bell that was “borrowed” by our Circle K club. It is fun to have such a great group of young people as part of our Kiwanis family. The people in the photo are Ashley Khuen (a member of our MWK club but apparent insider on the bell heist) Tami Johnson, Cody Schara, and Megan DuFrane. These individuals plus Circle K Club President Jackie Erzinger attended the recent Circle K Spring Fling event that helped them see what Circle K is like on a district level and receive training for their new positions for 2010-2011 Circle K year. Cody is on the district board as membership chair, Tami is Secretary/Treasurer and Megan is Vice President.

### K Family service Clubs

All of our youth services clubs, Edgewood Key Club, Memorial Key Club and Edgewood College Circle K clubs will soon be finishing their academic year and taking the summer off from active club meeting although they will individually be doing many service related activities. Good luck to all of them as the finish finals and projects. Thanks so much for all that you have given in service to MWK and the Madison Community. See you in September!